



630-656-1090

Thank you for your consideration of Touching Hearts at Home – Chicago Western Suburbs.

We understand the challenges being faced by those caring for aging loved ones and are here to assist you during this emotional time for families. Our goal is to provide quality assistance to seniors and those who need additional help to maintain a full-filling and enhanced quality of life.

How we approach individual-centered care:

- **Socialization** - Providing opportunities for our clients to engage in interaction with other's and social activities to attend if they so desire.

- **E ducation** – Collaborating with local senior related agencies, such as the Alzheimer's Association to better understand the needs associated with dementia. Knowledge of the resources available locally in DuPage County that assist aging individuals and their families on a variety of needs.

- **N on-Medical Assistance** – Providing companion care, transportation, light housekeeping, meal preparation, personal care and more.

- **I ndividual Focus** - Striving to keep aging loved one active and socially engaged in their interest.

- **O ptimism and Understanding** - Confidence that your loved one will be treated with compassion and dignity as we understand how to communicate and interact with the unique needs of seniors.

- **R espite** - Being a source of relief for a caregiver or caregiver's struggling to handle the challenges of caring for an aging loved one along with their own needs the needs of their families.

Research has shown, *loneliness and isolation* plays a large role in physical and cognitive decline in seniors. We strive to provide socialization for our clients through our companion care and also though planned events or outings with others that encourage relationships with those of similar interests or needs. *It may be trips to the library, meeting for lunch, shopping, volunteering or attending educational sessions provided by the library or book store, we help our clients lead more fulfilling lives.* Our goal is to assist your loved one to continue to be the person they were

and wish to be and remain involved in the things of interest to them. This also allows a respite for the caregiver helping care for their elderly loved one. We help families maintain and enjoy their familiar status of allowing mom and dad be mom and dad to their children and family members for as long as possible. This respite allows the caregiver to be a better caregiver by finding a renewed energy and deserved relief from time to time.

Touching Hearts at Home strives to provide our clients with dementia related illnesses the best care possible as we are active in educating our staff on dementia related illnesses and are involved with the local chapter of the Alzheimer's Association. *Music has been proven to create positive changes* in physical and mental well-being and mood, of not only those with dementia related illnesses, but for most elderly adults. This is a safe, non-pharmacological approach to care. While we are not certified music therapists, we would assist in employing music for your loved one.

Touching Hearts at Home is locally owned and operated by Jay and Beth Courtney who reside in the Lombard area. Both Jay and Beth have close loved ones touched by dementia related illnesses within their families. They realize and can empathize firsthand the struggles families face when making decisions as to the best way to care for their family members who are now in need. Our goal is to make this transition in the next phase of your life as easy as possible through our offering of non-medical assistance, companion care, transportation, light housekeeping and the many other services we provide.

Beth is involved with the local chapter of the Alzheimer's Association. Beth is also a member of the Illinois chapter of the National Association of Home Care and Hospice Association and serves on the board of the Rotary Club of Lombard, IL.

Compassionate Care for Seniors and their Families. Service area includes: Chicago Western Suburbs, Downers Grove, Glen Ellyn, Lisle, Naperville, Wheaton and surrounding areas. Specializing in Dementia Care, Alzheimer's Care, Respite Care, Live-in Care, Rehab & Hospital Recovery Care